Shorebirds use these beaches

Migratory birds follow flyways

Migratory shorebirds roost and feed along this beach. These birds fly thousands of kilometres each year to the Arctic Circle to breed before returning here, where they must rest and feed.

Resident shorebirds such as the Hooded Plover and Red-capped Plover also nest here on the dry sand.

By following these simple guidelines, you can help protect our shorebirds:

- Avoid disturbing flocks of roosting shorebirds as they need to conserve their energy.
- Please keep your dog on a lead and under effective control.
- Walk and drive below the high tide mark to avoid crushing nests and scaring birds.

Red-capped Plover
Charadrius ruficapillus
Many native birds such as the Red-capped Plover nest on beaches. Do not disturb.

Pied Oystercatchers
Haematopus longirostris
Many birds roost on this beach. Take care when driving.

Ruddy Turnstone
Arenaria interpres
Birds are found feeding in the beach rack (sea weed). This area is important for juveniles who may stay here for several years before returning to Siberia.